



賽馬會  
**鼓掌·創你程計劃**  
CLAP for Youth@JC  
Career & Life Adventure Planning

CLAP for Youth @ JC | Mini-Conference

# NEW DIRECTIONS IN CAREER INTERVENTION AND CAREER EDUCATION

9 MARCH 2019, SATURDAY (9:30 am - 12:45 pm)

Registration start at 9:00 am



Presentation 1

## THE PSYCHOLOGY OF WORKING IN PRACTICE: A THEORY OF CHANGE FOR A NEW ERA

**Professor David L. Blustein**

Professor, Department of Counseling, Developmental, and Educational Psychology, Lynch School of Education, Boston College

This presentation introduces the Psychology of Working Theory (PWT) with a focus on its practice applications. The core tenets and rationale for PWT are summarized, followed by an overview of a parallel change-based paradigm to guide interventions at the level of individuals (i.e., Psychology of Working Counseling) and systems (i.e., Psychology of Working Systemic Intervention). The change paradigm includes (a) a needs assessment encompassing survival, social connection/contribution, and self-determination and (b) input on the mobilization of agentic action that includes critical reflection and action, proactive engagement, social support, and community engagement. This needs assessment and agentic action can be used to foster change in individual counseling, advocacy, and systems change efforts. Case examples reflecting a systemic intervention and an individual counseling vignette are presented along with implications for research, such as explorations of the impact of these models on client outcomes and systemic change.



Presentation 2

## LIFE SPAN AND TIME PERSPECTIVE OF THE WORK-FAMILY INTERFACE - CRITICAL TRANSITIONS AND SUGGESTED INTERVENTIONS

**Professor Rachel Gali Cinamon**

Professor, Head of Career Development Lab, Head of School of Education, Tel Aviv University

Family and work are two central entities in the lives of many adults around the globe, who invest their time and energy in them. The study of the interface between work and family has increased due to global changes in both work and family life, and understanding this interface is important for career counselors and researchers due to its enormous effects on workers' psychological health and work and family performances. Therefore, researchers from various disciplines attempt to learn and understand antecedents and outcomes of blending work and family and the mechanisms that explain these relations. The current presentation has two main focuses. The first will review recent models and studies on work-family relations, and will introduce a life span and time perspective to understand this interface. The second focus will be on the work-family interface in three critical transitions- emerging adulthood, the transition to motherhood and the transition to midlife, with detailed suggestion and examples for interventions in each transition.



Presentation 3

## DO STUDENTS FEEL CONNECTED AND SUPPORTED? FINDINGS AND IMPLICATIONS FROM CLAP FOR YOUTH @ JC

**Professor Alvin Leung**

Dean of Education, CUHK; Chief Principal Investigator, CLAP for Youth at JC

This presentation aims to review findings from CLAP for Youth @ JC on students perceptions of social connectedness and parental support, and how these variables are related to career development. Findings will be discussed in relation to practice, especially on how to build a culture of self-determination and a youth-led mindset in career development.

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Venue: ELB-LT2

Esther Lee Building,  
Chung Chi College, CUHK

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## Event Venue



**Venue : ELB-LT2 (Lecture Theatre No. 2,  
Esther Lee Building, CUHK)**

Around 4 – 6 minutes of walking distance  
from University MTR Station Exit A  
to Esther Lee Building